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Hypertension: High Blood Pressure (Health Series) (Volume 2)



Synopsis

In this series readers will learn to prevent illnesses as well as listen to their own symptoms. High Blood Pressure is a serious condition that influences your quality of life as well as longevity. Blood pressure readings may vary during the day and symptoms may not always be present. This booklet will help you understand the concept of hypertension and prevent damages caused by high blood pressure. Resources: American Heart Association Mayo Clinic Center for Disease Control

Book Information

Series: Health Series

Paperback: 40 pages

Publisher: CorpWell Publishing; 1 edition (November 1, 2012)

Language: English

ISBN-10: 0615714617

ISBN-13: 978-0615714615

Product Dimensions: 5 x 0.1 x 8 inches

Shipping Weight: 3.4 ounces (View shipping rates and policies)

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GetWell Education Health Series was conceived to elicit readers active participation in their care. The mission is to reduce health care cost. Medical professionals, educators and trainers may find this series a time-saving element to offer to patients, students or employees.

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Remedies, High Blood Pressure ... Cures for High Blood Pressure, High Bl) Blood Pressure
Solution: 30 Proven Natural Superfoods To Control & Lower Your High Blood Pressure (Blood
Pressure Diet, Hypertension, Superfoods To Naturally Lower Blood Pressure Book 1) HIGH BLOOD
PRESSURE: Blood Pressure Solution: The Step-By-Step Guide to Lowering High Blood Pressure
the Natural Way, Natural Remedies to Reduce Hypertension Without Medication BLOOD TYPE
DIET : Eat recipes according to blood type(blood diet,blood type diet o,blood type diet b,blood type
cookbook,blood type a diet,blood type a cookbook,blood type ab,blood type book) Blood Pressure:
Blood Pressure Solution: The Step-By-Step Guide to Lowering High Blood Pressure the Natural
Way in 30 Days! Natural Remedies to Reduce Hypertension Without Medication Blood Pressure
Solution: How to lower your Blood Pressure without medication using Natural Remedies (Natural
Remedies, Blood Pressure, Hypertension) Pressure Cooker: 365 Days of Electric Pressure Cooker
Recipes (Pressure Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric
Pressure Cooker ... Instant Pot Pressure Cooker Cookbook) High Blood Pressure Explained:
Natural, Effective, Drug-Free Treatment for the "Silent Killer": (Blood Pressure,
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Pressure: 28 Super-foods that will naturally lower your blood pressure (super foods, Dash diet,low
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